# Press Release

## Laval region moves to red alert

**Laval, September 30, 2020** – As it was announced today that Laval has been moved to the red level of the progressive regional alert and intervention system, the Centre intégré de santé et de services sociaux (CISSS) de Laval would like to clarify the measures that will be put in place to slow the spread of the virus.

The red-level measures for individuals and businesses in the region include the following:

- Receiving visitors at home is prohibited (except in special cases).
- Private gatherings are prohibited.
- Activities organized at public places, including auditoriums, cinemas, theatres, museums and libraries, are prohibited.
- A maximum of 25 people at a time may assemble in places of worship and at funerals.
- Closure of clubs, bars, brasseries, taverns, and casinos and restaurants (except for deliveries and take out orders).
- Visits are prohibited to CHSLDs, seniors' homes and intermediate resources (except for humanitarian visits and visits by an informal caregiver).
- Interregional travel is not recommended toward an orange, yellow or green zone, except for essential trips.

### **Quotation:**

"We are asking all Laval residents to make a 28-day effort. Significantly reducing our interactions will directly impact case numbers and outbreaks in all environments. In recent weeks, we have observed a number of situations in which people have not followed health guidelines for the pandemic. We must resume our good habits from the spring. These restrictions will help Quebec return to normal life more quickly."

Dr. Jean-Pierre Trépanier, Director of Public Health for the Laval Region

The alert levels are based on the recommendations of public health authorities, who are regularly analyzing the situation while accounting for the region's epidemiological status, control of the spread, and the capacity of the health care system. The decision to put Laval on red alert was partly due to an ongoing upward trend of all indicators, such as the sustained rise in positive cases and the number of outbreaks in a variety of settings.

Level 4 – Maximum Alert (red) applies more restrictive measures in a targeted way that can include stopping any non-essential activities whose risk cannot be sufficiently controlled. However, the goal is to avoid as much as possible a generalized lockdown similar to what was implemented during the first wave of the pandemic.

#### Related link:

For more information: Progressive regional alert and intervention system

#### About the CISSS de Laval

The CISSS de Laval is fully dedicated to learning, innovating and excelling in order to offer residents of Laval and surrounding areas a full range of integrated, quality health and social services accessible to all. Its human capital includes over 10,000 employees and doctors working in 32 facilities, including the Hôpital de la Cité- de-la-Santé, the Jewish Rehabilitation Hospital, the Centre de services ambulatoires de Laval, six CLSCs, five residential centres, the Centre de protection de l'enfance et de la jeunesse de Laval, the Centre de réadaptation en dépendance de Laval and the Centre de réadaptation en déficience intellectuelle et troubles envahissants du développement de Laval. The CISSS de Laval is a research and teaching facility affiliated to Université de Montréal and McGill University. For more information about the CISSS de Laval and the services offered in its facilities, go to <a href="https://www.lavalensante.com">www.lavalensante.com</a>.

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